

Fullness of Life DAY 1

Do you desire fullness of life – Abundant life, overflowing, abounding in love, health, vitality, joy and peace?
Do you wonder is there more in life, whether it is possible for you to fulfill your God given dreams?

Jesus desires you to have fullness of life, more than you do. Jesus himself is life. When you receive Jesus as your Lord and Saviour, you receive eternal, abundant life. 'zoe' life (the God kind of life) which includes the very nature and fullness of God.



The Problem

Is fullness of life for me or does God have favourites?
Is there more to life than this?
I had an unfortunate start to life
Why am I not enjoying my life?
Why am I always struggling to get by?
No one believes in me



The Promise

Jesus said, "I have come that you may have life, in all its fullness." John 10:10 Jesus is life.
You have been given fullness in Christ.
Colossians 2:10
Jesus is always willing to help Matthew 8:2-3
Whoever believes in Jesus shall have eternal life
John 3:16



The Practice

We read God's word, we believe it and then act upon it. We put it into practice. And so our lives are transformed. We begin to walk in the life God has promised.

"You shall know the truth and the truth shall set you free." John 8:32



Reflection

Read and think about the following verses.

"The thief comes to steal, kill and destroy; I have come that they may have life, and have it to the full." (Fullness of Life)
John 10:10

To have fullness of life is to have it 'more abundantly' which means to have a superabundance of a thing. "Abundant life" refers to life in its abounding fullness of joy and strength for your spirit, soul and body.

Action



What does 'Fullness of Life' mean to you? How can you receive fullness of life?

What are you hoping to receive from this course?

How would you like your life to be different in 6 months time?
